

Polish Bilingual Program OSC
 10210 – 115 Ave Edmonton T5G 0L8
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Bambi Daycare and
 Polish Bilingual Out of School Care

MENU – WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cereal Fruit Milk	Croissants Cream Cheese and Jam Strawberries	Banana Bread Fruit Milk	Waffles Syrup Fruit	Happy Face Toast With Cream Cheese Cranberries And Bell Peppers and Cucumber
PM Snack	Rainbow Veggies Pretzel Chips Ranch Dip	Fruit Sauce Arrowroot Cookies	Multigrain Crackers Sausage Cheese Pickles	Rainbow Veggies Multigrain Crackers Hummus	Build your own parfait Natural Yogurt with Jam or Maple Syrup Pumpkin Seeds Dried Fruit

MENU – WEEK TWO

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Yogurt Drink Fig Bar	Cereal Milk Fruit	Toasted naan Bread Jam Mango Chunks	Yogurt Granola Fruit	Waffles Syrup Fruit
PM Snack	Cheese and Pepperoni Rainbow Crackers	Apple Slices Dads Oatmeal Cookies Milk	Nitrate Free Deli Meat Cheese Multigrain crackers	Pita Chip Crackers Cheese Guacamole	Trail Mix (Chocolate chips, granola bites, pumpkin seeds, goldfish crackers) Milk

Water offered at every meal